Arthritis Care Specialists of Maryland DR. MELISSA HAWKINS-HOLT, MD, FACR, FAAP DR. MOE T. ZAN, MD, FACR

To our patients: All co-pays and balances are due at the time of service. If your insurance requires a referral please makes sure you bring a copy with you.

Patient Registration:	
Name:	Social Security #:
Street:	Date of Birth: Marital Status:
City/State/Zip:	Home Phone:
	Work Phone:
Occupation:	Cell Phone:
E-MAIL:	Pharmacy: Phone#
Party Responsible if Other Than Patient:	
Policy Holder:	Social Security #:
Address:	Date of Birth:
Employer:	
Primary Care Physician:	
Name:	Address;
Phone:	Address con't:
Emergency Contact Person:	
Advance Directives: (Circle One) No Yes Please	provide copy if yes.
	ion For Assignment of Benefits dical Benefits to the above physician:
Signature:	:Date;
I understand that I am personally responsible for any a	mounts not covered by my insurance for medical services y assign to the above physician all payments received by me, or
Signature:	Date;

Written Notice of Disclosure:

This notice is to inform all patients that this practice has a partial ownership and financial interest in a physician office lab and radiology service that is available to some patients. This clinical laboratory and radiology service may be used for testing if a valid need exists for the service. Any patient may choose to obtain these healthcare services from another health care entity.

Arthritis Care Specialists of Maryland

Patient History Form

Nomo:		•			- Birth date:	//	
Name: LA	ST	FIRST	MIDDLE INITIAL	MAIDEN		MONTH DAY YEAR	
tale of first	appointment: / / MONTH DAY	/Time of apr	oointment:	Birth	place:		
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Address: _				Age:		Sex: F[]M[]	
	STREET					one: Home	
	CITY	STA	ATE ZIP		WOIN _		
Spouse/S	STATUS; [] Never Mara Ignificant Other; [] All	ve/Age [] De		[] Separated			
	ION (circle highest level atte						
Gra	de Schaol 7 8 9	C)	ollege 1 2 3 4			ol	
	Occupation			Number	r of hour's work	ed/average per week	
	ferred here by: (check one) me of person making referra	[] Self	[] Family	[] Friend	[] Doctor	[) Other Health f	rolessional
	name of the physician prov					4	
	you have an orthopedic surg						
	scribe briefly your present sy						
Des	Scribe offerth Appr Suescrit of				Please shade	all the locations of your p the body figures and hand	ain over the Is.
				Example:	past noon on	,	
Diagnosis: Previous tre	oms began (approximate): atment for this problem (incl injections; <u>medications to be</u>	ude physical therapy			1EFF	RIGHT	
Please list th	e names of other practitione	rs you have seen fo	r this	LHETT	RIGHT		
D. (E.) (1.4.6.T.)	OLOGIC (ARTHRITIS) HIST	ODV .		Adapted from CLi palient - A practic	NHAU, Wolla F and al guide to sall rapo	l Pincus T. Gurrent Comment - 1.1: ut questionnaires in dinical care. <i>I</i> ton.	vihitis Rheum.
Yourself	SEOGIC (ARTHRITIO) THO	Relative Name/Relationsh	lp Yours	e)	10. Gazd by beilings:	Relative Name/Relationship	
	Arthrilis (unknown type)			Lupus or "a	SLE"		-
	Osteoarthrills			Rheumato			_
	Goul			AnkYlosing	g Spondylllis		_
	Childhood arthrilis			Osleoporo	eis	<u></u>	
Other arthrit	is condillans:		4				···
Patient's	. Name	Da	te	Ph	ysician Ini	tials	_

Arthritis Care Specialists 6350 Stevens Forest Rd. Suite 101 Columbia MD 21046

Adult Rheumatology Pediatric Rheumatology

Notice of Privacy Practices

At Arthritis Care Specialists we have always kept your health information confidential. The law requires us to continue maintaining your privacy, and to give you this notice and to follow the terms of this notice.

The law permits us to use or disclose your health information to those involved in your treatment. We may use your health information to obtain payment from your insurance company, and/or to report your progress to them. We may use or disclose your healthcare information for our normal healthcare operations.

We may share your healthcare information with our business associates, such as our billing service. We have a written contract with each business associate that requires them to protect your privacy.

We may call to remind you of your appointments, if you are not home, we may leave a message with this information on your answering machine. We may use your information to contact you.

If the practice is sold, your information will become the property of the new owner unless the practice notifies you otherwise.

Except as described above, this practice will not use or disclose your health information without your prior written authorization.

You have the right to transfer copies of your health information to another practice. We will mail your files for you, after written authorization is obtained from you.

You have the right to see and obtain copies of your healthcare information, after written authorization is obtained.

You have the right to request your health information be amended or changed. You must request amendments or changes in writing. You have the right to copies of your health information. Written authorization must be obtained before copies can be released. We may charge you a reasonable fee for this service.

You have a right to receive a copy of this notice. If this practice changes the details of this notice, you will be notified in writing.

Acknowledgement: I have received a copy of the Notice of Privacy Practices from Arthritis Care

Specialists

Signed: ______ Print Name: ______

Date: _____ If signing as a parent or guardian, please provide the patient name:

Arthritis Care Specialists of Maryland 6350 Stevens Forest Rd. Suite 101 Columbia MD 21046

Adult Rheumatology Pediatric Rheumatology Physical Medicine/Pain Management

Office Billing Policy

- 1. Payment is due at the time of service unless other arrangements have been made in advance.
- 2. For those patients who sign an Assignment of Benefit form and the insurance companies pay us directly, a co-payment will be required at the time of the office visit.
- 3. An interest of 1.5 % per month will be added to patients' balance 30 days after insurance payment is received, should there be no payment or arrangements for payment previously worked out with the office.
- 4. For those patients with outstanding balances, it is the patient's responsibility to contact the office and make payment arrangements that are mutually agreed upon. In the event full payment or payment arrangements are not made, after 90 days, accounts will be forwarded to a collection agency.
- 5. Missed appointments will be subject to a \$55.00 charge for new patients, and a \$25.00 charge for follow-up patients unless reasonable notice (24 hours) is given, or an appropriate explanation is obtained.
- 6. Any checks returned will be subject to a returned check fee.
- 7. If for any reason your services are sent to collections or litigation there will be an additional fee added to your bill. Patients sent to the collection agency may be subject to dismissal from the practice. Patients being dismissed will be given 30 days to acquire a new Rheumatologist.

Balances and co-payments may be made payable by cash, check, or credit card. The office will be happy to discuss any questions at the patient's request. We look forward to providing you with quality health care.

Patient Signature:	 Date:

Revised September 2010

Arthritis Care Specialists of Maryland

Adult Rheumatology Pediatric Rheumatology 6350 Stevens Forest Rd., Suite 101, Columbia, MD 21046

Phone (410) 992-7440

Fax (410) 992-4441

Stephen W. George, MD, FACR, FAAP Thomas J. Lang, MD, PhD, FACR Melissa Hawkins-Holt, MD, FACR, FAAP Moe T. Zan, MD, FACR Mariyn Lorenzo, MD, FACR Shabnam Ali, MD, FACR David Arconti, C-PA Alyssa Metzler, C-PA

We have chosen to participate in the Chesapeake Regional Information System for our Patients (CRISP), a regional health information exchange serving Maryland and D.C. As permitted by law, your health information will be shared with this exchange in order to provide faster access, better coordination of care and assist providers and public health officials in making more informed decisions. You may "opt-out" and disable access to your health information available through CRISP by calling 1-877-952-7477 or completing and submitting an Opt-Out form to CRISP by mail, fax or through their website at www.crisphealth.org. Public health reporting and Controlled Dangerous Substances information, as part of the Maryland Prescription Drug Monitoring Program (PDMP), will still be available to providers.

We are also participating with Surescript Care Quality Record Locater Service. If you do not want to participate you can call our office and opt-out.

DISCLOSURE TO FAMILY/FRIENDS TREATMENT AUTHORIZATION

I do not want Arthritis Care Specialists of Maryland ("Provider") to disclose any informatic concerning my care or treatment by Provider to individuals without my express written consent or legal authorization.	on
I Authorize Provider to disclose information related to my care and treatment to the following individuals	

SYSTEMS REVIEW

Date of last mammogram//	Date of last eye exam/Da	ale of last chest x-ray//
Data of the familiary for		
Constitutional	Gastrointestinal	Integumentary (skin and/or breast)
CI Recent weight gain	□ Nausea	☐ Easy bruising
amount	☐ Vomiting of blood or coffee ground	☐ Redness
☐ Recent weight loss	malerial	☐ Rash
amount	Stomach pain relieved by food or milk	☐ Hives
□ Fatigue	□ Jaundice	☐ Sun sensitive (sun allergy)
☐ Weakness	☐ Increasing constipation	☐ Tightness
□ Fever	☐ Persistent diarrhea	☐ Nodules/bumps
Eyes	☐ Blood in stools	☐ Hair loss
☐ Pain	C) Black stools	Color changes of hands or feet in the
U Redness	☐ Heartburn	cold
□ Loss of vision	Genitourinary	Neurological System
Double or blurred vision	☐ Difficult urination	☐ Headaches
D Dryness	 Pain or burning on urination 	☐ Dizziness
CI Feels like something in eye	☐ Blood in urine	☐ Fainting
•	☐ Cloudy, "smoky" urlne	☐ Muscle spasm
Cillching eyes Ears-Nose-Mouth-Throat	☐ Pus in urine	☐ Loss of consciousness
	☐ Discharge from penIs/vagina	☐ SensitivIty or pain of hands and/or fee
☐ Ringing in ears	☐ Getting up at night to pass urine	☐ Memory loss
☐ Loss of hearing ☐ Nosebleeds	Cl Vaginal dryness	□ Night sweats
CI Loss of smell	☐ Rash/ulcers	Psychiatric
	☐ Sexual difficulties	☐ Excessive worries
Ci Dryness in nose	☐ Prostate trouble	□ Anxiety
CI Runny nose	For Women Only:	☐ Easily losing temper
☐ Sore tongue	Age when periods began:	☐ Depression
☐ Bleeding gums	Periods regular? ☐ Yes ☐ No	☐ Agitation
☐ Sores In mouth	How many days apart?	☐ Difficulty falling asleep
☐ Loss of laste	Date of last period?//	☐ Difficulty staying asleep
☐ Dryness of mouth	Date of last pap? / / /	Endocrine
☐ Frequent sore throats	Bleeding after menopause? Yes No	☐ Excessive thirst
Cl Hoarseness	Number of pregnancles?	Hematologic/Lymphatic
☐ Difficulty in swallowing	Number of miscarriages?	☐ Swollen glands
Cardiovascular	Musculoskeletal	☐ Tender glands
☐ Pain in chest	CI Morning stiffness	CI Anemia
☐ Irregular heart beat	Lasting how long?	☐ Bleeding lendency
Sudden changes in heart beat	Minutes Hours	☐ Transfusion/when
☐ High blood pressure	U Joint pain .	Allergic/immunologic
☐ Hearl murmurs	Muscle weakness	☐ Frequent sneezing
Respiratory	☐ Muscle tenderness	☐ Increased susceptibility to infection
☐ Shortness of breath	☐ Joint swelling	
Difficulty in breathing at night	List loints affected in the last 6 mos.	
☐ Swollen legs or feet	· · ·	
C Cough		
☐ Coughing of blood		
Cl Wheezing (asthma)		
	The state of the s	
Patlent's Name	Dale Pl	nysician iniliais bry Form © 1999 American College of Rheumatolo

MEDICATIONS

pe of reaction:		<u> </u>					
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RESENT MEDICATIONS (List any medications						na omersuppie se check: He	
Name of Drug	Dose (in strength &			long have aken this	A Lot	Some	Not At Al
	pills pe			dication	ALOU	Sollie	NOLMEN
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). ST MEDICATIONS Please review this list o		·			0		
	tlme	A Lot	Some	Not At All			
		<u> </u>					
Circle any you have taken in the past Ansaid (ilurbiprofen) Arthrotec (diclofer Daypro (oxaprozin) Disaidid (safaalate	nac + misoprostii) e)	Aspirin (incl sai) Feide alfon (fenop	ne (piroxica	• •	Celebrex (celeci in (Indomethacin) proxen) Oruva	oxib) Clinori Lodine (el Il (keloprofen)	l (sulindac) odolac)
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Circle any you have taken in the past Ansald (flurbiprofen) Arthrotec (diclofer Daypro (oxaprozin) Disalcid (safselate Meclomen (meclofenamate) Molrin/Ruf Tolectin (folimetin) Trillsale (choline mi Pain Relievers Acetaminophen (Tylenot) Codeline (Vicodin, Tylenot) Codeline (Vicodin, Tylenot) Other: Other: Other: Other: Other: Osease Modifying Antirheomatic Drugs (DMAF Auronofin, gold pilis (Ridaura) Gold shots (Myochrysine or Solganot) Hydroxychloroquine (Plaquenit) Penicillemine (Cuprimine or Depen) Methotrexale (Rheumatrex) Azathioprine (imuren) Sulfasalazine (Azuliidine) Quinacine (Alabrine) Cyclosporine A (Sandimmune or Neoral) Etanercept (Enbret)	nac + misoprostii) e) Dolobid (difluni en (ibuprofen) N agnesium trisalicylate	Aspirin (Inci	uding coale ne (piroxica rofen) N rofecoxib)	d aspirin) m) Indoo laprosyn (na) Voltaren	in (Indomethacin) proxen) Oruva	Lodine (el	•
Circle any you have taken in the past Ansald (flurbiprofen) Arthrotec (dictofer Daypro (oxaprozin) Disalcid (satselate Mectomen (mectofenamate) Motrin/Ruf Tolectin (tolinetin) Trillsate (choline mi Pain Relievers Acetaminophen (Tylenol) Codeline (Vicodin, Tylenol 3) Propoxyphene (Darvon/Darvocet) Other: Other: Other: Other: Other: Auranofin, gold pilis (Ridaura) Gold shots (Myochrysine or Solganol) Hydroxychloroquine (Plaquenil) Penicillemine (Cuprimine or Depen) Methotrexate (Rheumatrex) Azathfoprine (imuren) Sulfasalazine (Azullidine) Quinacrine (Alabrine) Cyclosporine A (Sandimmune or Neoral) Etanercept (Enbrel) Infliximab (Remicade)	nac + misoprostii) e) Dolobid (difluni en (ibuprofen) N agnesium trisalicylate	Aspirin (Inci	uding coale ne (piroxica rofen) N rofecoxib)	d aspirin) m) Indoo laprosyn (na) Voltaren	in (Indomethacin) proxen) Oruva	Lodine (el	•
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Osteoporosis Medications		y 	
Estrogen (Premarin, etc.)	a	<u> </u>	<u> </u>
Alendronate (Fosamax)		<u> </u>	Q Q
Elidronale (Didronel)	0	a	
Raloxifene (Evista)	a	u	u u
Fluoride		a	ū
Calcitonin injection or nasal (Miacalcin, Calcimar)	Q	ū	
Risedronate (Actonel)		<u> </u>	
Olher:	ü	<u> </u>	
Other:	<u> </u>	u	
Gout Medications			····
Probenecid (Banemid)	Ü	a	Ü
Colchicine	ū	Q	O
Allopurinol (Zyloprim/Lopurin)	a	a	
Other:	0	a	a_
Other:	0		
Olhers		_,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	·
Tamoxifen (Nolvadex)	Q	Q	
Tiludronate (Skelid)	а		0
Cortisone/Prednisone	0	ū	0
Hyalgan/Synvisc Injections	a	<u> </u>	
Herbal or Nutritional Supplements	0	ü	다
Please list supplements:	•		
lave you participated in any clinical trials for new medica	tions? ☐ Yes ☐ No	3	
tave you participated it ally clinical than for how medica	101101 - 140 - 140	•	
If yes, list:			

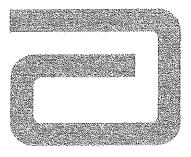
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Patient's Name	Dale	Physician Iniliais
		Patient History Form @ 1999 American College of Rheumatology

SOCIAL HISTORY			PAST MEDICAL HIST		
Do you drink calfeinated beverages?			Do you now or have yo		
Cups/glasses per day?			☐ Cancer	☐ Heart problems	Ŭ Asthma
Do you smoke? ☐ Yes ☐ No ☐ Past ~ Ho	w long ago?		☐ Goller	☐ Leukemia	CI Stroke
Do you drink alcohol? ☐ Yes ☐ No Number	er per week		C Cataracts	C) Diabeles	□ Epliepsy
Has anyone ever told you to cut down on y	our drinking?		☐ Nervous breakdown	☐ Stomach ulcers	☐ Rheumatic fever
☐ Yes ☐ No			☐ Bad headaches	☐ Jaundice	Colltis
Do you use drugs for reasons that are not	medical? □ Yes □ No		☐ Kidney disease	O Pneumonia	O Psoriasis
If yes, please list:			☐ Anemia	EI HIVIAIDS	☐ High Blood Pressure ☐ Tuberculosis
			□ Emphysema	☐ Glaucoma	
Do you exercise regularly? ☐ Yes ☐ No			Other significant filless	(blease list)	
Type			ht-to-d-college T	hazanlar (ahiroprosi	io magnate massage
Amount per week			over-the-counter prepa	nerapies (ciliopiaci rations, etc.)	ic, magnets, massage,
How many hours of sleep do you get at nig					
So you get and ago entire to the same	Yes 🗆 No				
Do you wake up feeling rested?	Yes CJ No		**************************************		
Previous Operations	I		1		
Туре		Year	Reason		
1.					
2,		······································			
3,					
4.					····
5.					
6.					
7.	·				
Any previous fractures? ☐ No ☐ Yes De	scribe;				
Any other serious injuries? 🗆 No 🚨 Yes	Describe:				and the same of th
FAMILY HISTORY:		1		m nearthers	•
IF LIVING				IF DECEASED	
Age	Health		Age at Death	Qai	Jse
Father					
Mother					
Number of siblings Number I					
Number of children Number I	iving Numi	ber dece	easedLis	t ages of each	
Health of children:	<u></u>				
Do you know of any blood relative who has	s or had: (check and give	relation	ıship)		
•	art disease		☐ Rheumatic fever	🚨 Tube	orculosis
	h blood pressure		☐ Epilepsy	☐ Diab	etes
	eding tendency		☐ Asthma	Goile	er
**	oholism		CI Psorlasis		
Patient's Name	Date		Palient History	ician inklals Form © 1999 America	n College of Rheumalology

ACTIVITIES OF DAILY LIVING

Do you have stairs to climb? ☐ Yes ☐ No	If yes, how many?			
How many people in household?	Relationship and age of each			
Who does most of the housework?	Who does most of the shopping?	Who does most of the	e yard work? _	
On the scale below, circle a number which be	est describes your situation; Most of the time	a, I function		
1 2	3	4	5	
VERY POORLY POORLY	OK	WELL	 VER WEL	
Because of health problems, do you have diff (Please check the appropriate response for e				
		Usually	Somelimes	No
Using your hands to grasp small objects? (bu	ttons, toothbrush, pencil, etc.)			
Walking?				Q
Climbing stairs?		🗖		
Descending stairs?			a	
Sitting down?		🗖		
Gelling up from chair?				
Touching your feet white seated?	***************************************		Q	ū
Reaching behind your back?	***************************************			
Reaching behind your head?	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		a	
Dressing yourself?				
Going to sleep?				
Staying asleep due to pain?			a	
Obtaining restful sleep?				
Bathing?				
Ealing?				
Working?	***************************************		C	
Getting along with family members?		🗖	a	
In your sexual relationship?			a	C)
Engaging in leisure time activities?		🗅	Q	
With morning stiffness?				Q
Do you use a cane, crutches, as walker or a	wheelchair? (circle one)			
What is the hardest thing for you to do?				
Are you receiving disability?			No 🗆	
Are you applying for disability?			No □	
Do you have a medically related lawsuit pend	ling?	Yes 🛈	No 🗆	
•				
Pallent's Name	Date	Physician Initials	 non Collage of R	hermalolon



Health Assessment QUESTIONNAIRE-DISABILTY INCEX STANFORD UNIVERSITY SCHOOL OF MEDICINE, DIVISION OF IMMUNOLOGY AND RHEUMATOLOGY

Name	Date	
The following questions are designed to help us assess how your illness affects y	our ability to function in dally life.	
Please mark "x" in the response that best describes your usual abilities OVER THE PAST WEEK:		This column for physicial
Dressing and Grooming	Without With SOME With MUCH Unable ANY difficulty difficulty to do 0 1 2 3	use enly Highest Score
Are you able to: - Dress yourself, including tying shoelaces and doing buttons?		
Shampoo your halr?		
Arising Are you able to: —Stand up from a straight chair? —Get in and out of bed?		
Get iii and out of bedi		A Company of the Company
Eating Are you able to: —Cut your meal?		
Lift a full cup or glass to your mouth?Open a new milk carton?		
Open a non-rimo		
Walking Are you able to: —Walk outdoors on flat ground? —Climb up five steps?		
Please mark "x" in any AIDS or DEVICES that you usually use for any of th		
Cane Wheelchair Built-up or special utensils	Other (Specify):	13
Walker Devices used for Special or bullt-up chair dressing (button hook, zipper pull,		SUBTOTAL Bring to top of next page
Crutches hook, zipper pull, long shoehorn, etc)		
Please mark "x" in any categories for which you usually need HELP FROM	A ANOTHER PERSON:	and the first and the second of the second o
Draceing and grooming Arising Fating	Walking Continued	on other side
		on other si



		This column for physician use only
Please mark "x" in the response that best describes your usual abilities (OVER THE PAST WEEK:	
	Without ANY With SOME With MUCH Unable difficulty difficulty difficulty difficulty to do	SUBTOTAL From hollom of page 1
Hygiene	0 1 2 3	HIGHEST
Are you able to: -Wash and dry your body?		score
Take a tub bath?		
-Get on and off the tollet?		
The same of the sa		
Are you able to: —Reach and get down a 5-pound object (such as a bag of sugar) from just above your head?		
-Bend down and plok up clothing from the floor?		
Grip		
Are you able to:Open car doors?		
 —Open jars which have been previously opened? 		
—Turn faucets on and off?		Award.
Activities		
Are you able to: —Run errands and shop?		Water P
Get in and out of a car?		
-Do chores such as vacuuming or yard work?		
Please mark "x" in any AIDS or DEVICES that you usually use for any of t	these activities;	· · · · · · · · · · · · · · · · · · ·
Raised tollet seat Bathtub bar	Other (Specify):	
Bathtub seat Long-handled appliances for	or reach	Total
Jar opener (for jars previously opened) Long-handled appliances in	n bathroom	
Please mark "x" in any categories for which you usually need HELP FROI		Number of answered groups
Hygiene Reach Gripping and opening thing	gs Frrands and chores	
We are also interested in learning whether or not you are affected by pain becaus	se of your illness.	Total HAQ Disability
How much pain have you had because of your illness IN THE PAST WEEK	Kı .	Score
NO PAIN	SEVERE PAIN	
	100	Total Pain Score



DIRECTIONS TO 6350 STEVENS FOREST RD., SUITE 101

From I 95, take exit for Route 32 West. In 2.5 miles, take exit for Route 29 North. Take exit for Broken land Parkway East and make first right turn onto Stevens Forest Road. We are in the large brick medical building on the right side, just past the gas station.

From West Baltimore, take 695 to I 70 West. Take exit for Route 29 South. In about 6 miles, take exit for Broken Land Parkway and stay to the right to go east. Make right at the first traffic light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Clarksville, Sykesville, Eldersburg or Westminister, take Route 32 South (past Clarksville) to Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Frederick, Take I 70 East to Route 32 South. Take exit for Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Silver Spring, take Route 29 north. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the right side, just past the gas station.

From Bay Bridge or Annapolis, take Route 50 West to 97 North to Route 32 West to Route 29 North. Take exit for Broken Land Parkway East. Turn right at the first light onto Stevens Forest Rd. We are in the large brick medical building on the light side, just past the gas station.